

Use of lipoic acid for increasing the bioavailability of mineral salts

5 Abstract

The use of α -lipoic acid or α -dihydrolipoic acid for increasing the bioavailability of mineral salts, the use of α -lipoic acid or α -dihydrolipoic acid in combination with metal salts, in particular the use of metal α -lipoates, metal α -dihydrolipoates or metal- α -lipoic acid complexes, in particular in mineral preparations or drugs and the metal α -lipoates, metal α -dihydrolipoates or metal- α -lipoic acid complexes themselves are described.

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